

North Dakota United
Professional Growth Opportunities

Course Catalog



**Providing High Quality, Relevant Professional
Development for All**

MISSION

To provide researched, member-driven, relevant, high quality programs to advance skills, while providing a network for shared communication and leadership opportunities.

CORE BELIEFS

Professional development should:

- ❖ Deepen and broaden knowledge of content.
- ❖ Provide knowledge about the teaching and learning processes.
- ❖ Be rooted in and reflect the best available research.
- ❖ Contribute to measurable improvement in student achievement.
- ❖ Be intellectually engaging and address the complexity of teaching.
- ❖ Be designed by teachers in cooperation with experts in the field.
- ❖ Take a variety of forms.
- ❖ Provide support to members to improve the institutions in which they work.
- ❖ Enable us to work better with communities and the students of North Dakota.

Table of Contents

Mission & Core Beliefs.....	3
Student Behavioral Health/Child Trauma.....	4
Self-Help.....	7
Classroom Management & Strategies.....	10
Professional Growth.....	12
Leadership.....	14
Innovative Schools.....	16
General Topics.....	17
Bargaining, Advocacy & Communication.....	19
FAQs.....	20

Key

Format	Target Audience
Online..... O	K-12 Educator..... * (Teacher, ESP, Administrator)
Blended..... B	
In-Person..... P	All..... #
Varies..... V	

Please note, anything online can also be conducted in person. ‘Varies’ indicates the course can be conducted in a way that best fits the participant(s). For personalized courses, courses not running, and/or questions on how to register, please contact Patty Barrette, pd@ndunited.org or 701-223-0450.

Student Behavioral Health/Child Trauma Topics

FEATURED COURSES

- **Boy Who Was Raised as a Dog** (Book Study)-The purpose of this book study is to provide an overview of Bruce Perry's book, *The Boy who Was Raised as a Dog* as well as the Neuro-sequential Model in education. This will be done by reading and discussing, as well as listening to presenters, discussion and written reflection. **O#**
- **Help for Billy** (Book Study)-*Help for Billy* is a pragmatic manual to help guide families and educators who are struggling with traumatized children. Based on the concept of the neuroscience of emotions and behavior, Heather Forbes provides detailed, comprehensive, and logical strategies for teachers and parents. **O#**

ACE's (Training)-This course discusses ACEs (Adverse Childhood Experiences) and how they affect the lives of our students, children and community. **V#**

All Learning is Social and Emotional (Training)-Along with a toolbox of strategies for addressing 33 essential competencies, you'll find real-life examples highlighting the many opportunities for social and emotional learning within the K–12 academic curriculum. Use this book's integrated SEL approach to help your students build essential skills that will serve them in the classroom and throughout their lives. **O***

Beyond Consequences, Logic and Control: A Love-Based Approach to Helping Attachment-Challenged Children with Severe Behaviors, 1st Edition (Book Study)-*Beyond Consequences, Logic, and Control* covers in detail the effects of trauma on the body-mind, and how trauma alters children's behavioral responses. **O#**

Brain Architecture Game (Training)-The Brain Architecture Game is a tabletop game experience that builds understanding of the powerful role of experiences on early brain development – what promotes it, what derails it, with what consequences for society. **P#**

Broken Places (Movie)-*BROKEN PLACES* poses the complex question of why some children are severely damaged by early adversity, while others can thrive. Viewers are given a unique time-lapse perspective, witnessing how a few of these troubled children evolved into the adults they are today. **P#**

Building Resilience (Training)-Use trauma-informed strategies to give students the skills and support they need to succeed in school and life. Includes behavior as a form of communication and how to explicitly teach new behaviors; how to mitigate trauma and build innate resiliency. **O***

Bully Free Schools (Micro-Credential)-7 Micro-Credentials: This stack is designed to help educators develop skills and build understandings that support a Bully Free Environment for our schools. **V***

Compassion Fatigue Classroom (Training)-Typically attributed to the “helping profession”, the implications of Compassion Fatigue, Secondary Trauma, Stress and Burnout is becoming more widely recognized. Additionally, the implications of these factors on the culture of a building will be identified. **V***

Defining Trauma (Training)-This course will discuss what trauma is and how it affects our students. **V#**

Drug and Alcohol Awareness (Training)-The changing landscape requires that all educators be informed of current and emerging trends in student drug use. Learn about the drug and alcohol trends that students face today. **V#**

Far From the Tree (Book Study)-Andrew Solomon’s startling proposition is that diversity is what unites us all. *Far From the Tree* explores themes of generosity, acceptance, and tolerance—all rooted in the insight that love can transcend every prejudice. This crucial and revelatory book expands our definition of what it is to be human. **O#**

Fostering Resilient Learners (Book Study)-Fostering Resilient Learners will help you cultivate a trauma-sensitive learning environment for students across all content areas, grade levels, and educational settings. Head off frustration and burnout with essential self-care techniques that will help you and your students flourish. **O***

Lost at School (Book Study)-School discipline is broken. Dr. Greene’s Collaborative & Proactive Solutions (CPS) approach helps adults focus on the true factors contributing to challenging classroom behaviors, empowering educators to address these factors and create helping relationships with their most at-risk kids. **O***

Managing Student Behavior (Training)-Disruptive or negative behavior can occur in several school settings, including the playground, cafeteria, hallways, bus stops and front office. Learn about student misbehavior and the importance of prevention and early intervention strategies. **V***

No Such Thing as a Bad Kid (Book Study)-Written specifically for professionals who guide kids with emotional and behavioral challenges, the revised edition of *No Such Thing as a Bad Kid* is packed with positive, strength-based principles and techniques that help child-guiders to tap the greatness that exists in every young person to promote change. **O#**

Paper Tigers (Movie)-PAPER TIGERS captures the pain, the danger, the beauty, and the hopes of struggling teens—and the teachers armed with new science and fresh approaches that are changing their lives for the better. **P#**

Resilience (Movie)-The new documentary Resilience reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time, and early death. Resilience, however, also chronicles the dawn of a movement that is determined to fight back. **P#**

Restorative Practices (Micro-Credential)-5 Micro-Credentials: Restorative Practice is a set of practices and values that holistically prevents and repairs harm, builds community, and relationships resulting in a positive supportive school climate. **V#**

The Explosive Child (Book Study)-Throughout this compassionate, insightful, and practical book, Dr. Greene provides a new conceptual framework for understanding their difficulties, based on research in the neurosciences. He explains why traditional parenting and treatment often don't work with these children, and he describes what to do instead. **O#**

Trauma Informed 2.0 (Training)-When people learn about the impact of ACEs (Adverse Childhood Experiences) and trauma on children, they often hear that relationships with caring adults mitigate the impact of trauma. They will apply theory and learn how to identify the intervening variable in human behavior (physiological state), identify the role of the Autonomic Nervous System in human behavior, and apply strategies that regulate the physiological state in adults and in students. **V#**

Trauma Informed Series (Training)-Specifically designed for K-12, this series includes foundational videos that are relevant to all staff, as well as role-specific tools for immediate application of the trauma-informed lens to daily work. **O***

Self-Help Topics

FEATURED TRAININGS

- **Compassion Fatigue: Yes, it is a Real Thing** (Training)-Typically attributed to the “helping profession”, the implications of Compassion Fatigue, Secondary Trauma Stress and Burnout is becoming more widely recognized. This presentation will explore the definitions of these terms, as well as varied ways in which individuals respond both professionally and personally to each. **P#**
- **Workplace Bullying** (Training)-Bullying doesn’t stop when you leave school-workplace bullying is on the rise, and it is harming our mental and physical health. Workplace bullying is an abuse of power that intimidates, degrades or offends an employee, often in front of others. This session will discuss an approach to addressing the growing epidemic of workplace bullying and provide strategies for building a culture of respect in the workplace. **V#**

Chronic Stress: The Health Consequences (Training)-More than ever, state workers and other public workers confront stressful work environments and demands – they are expected to do more with less staff and resources. As a result, they are at a high risk of work-related, stress-related illnesses. This workshop will explore the causes and impact of stress among state employees and alternative methods for “managing” stress at work. **V#**

Deliberate Optimism (Book Study)-Beat burnout and bring joy back to teaching—and learning! Recharge the optimism that made you an educator in the first place! **O#**

Falling Awake (Book Study)-Think you have no time for mindfulness? Think again. "Thoughtful and provocative...The relevance of this work is unquestionable, as it leaves us inspired and optimistic that true healing really is possible" (Sharon Salzberg). **O#**

Financial Planning for Young Educators (Training)-This program is designed to help NDU members develop financial plans to make the best use of their salary, and specific financial tools for educators. The seminar will cover a three-month period to allow the participants to design and practice personal financial goals. Each cadre will select relevant topics. **P#**

Getting Organized to Stress Less (Training)-Quick, easy organizational strategies to help relieve everyday stress in order to get more enjoyment at work and home. Some of the topics covered will be paperwork reduction and procedure, time management including time blocking, de-cluttering, and setting priorities. **V#**

Happier (Book Study)-Grounded in the revolutionary “positive psychology” movement, Ben-Shahar ingeniously combines scientific studies, scholarly research, self-help advice, and spiritual enlightenment. He weaves them together into a set of principles that you can apply to your daily life. **O#**

Mindfulness for Teachers (Training)-The purpose of this training is to provide educators K-12 with practical skills for self-care, facilitation, and connecting with youth, providing simple, effective mindfulness practices that can be integrated into the school day and adapted for diverse environments.

B*

No Complaining Rule (Book Study)-Negativity in the workplace costs businesses billions of dollars and impacts the morale, productivity and health of individuals and teams. The *No Complaining Rule: Positive Ways to Deal with Negativity at Work* shares an enlightening story that demonstrates how you can conquer negativity and inspire others to adopt a positive attitude. **O#**

Organize Tomorrow Today (Book Study)-Dr. Jason Selk and Tom Bartow combine the most effective elements of both their disciplines to offer an organizational improvement plan that anyone can learn and apply immediately. **O#**

Practicing Presence (Book Study)-Practicing Presence is filled with ideas, exercises, checklists, personal anecdotes, and practices you can use to reframe and establish a mindset that will enhance your focus and engagement in the classroom/life. **O#**

Retirement Planning (Training)-NDU's Retirement Planning Seminars are intended for all members who are part of the Public Employment Retirement System or the Teachers Fund for Retirement and their spouses. The program will include an overview of retirement planning, the history and options available through social security and the options available to participants in the PERS & TFFR program. **P#**

Retirement Planning for All Ages (Training)-This seminar is designed for members and their spouses who participate in a defined benefit program through their employment with a public school or other participating state or local employer. **P#**

Time Management (Training)-Finding a time management strategy that works best for you depends on your personality, ability to self-motivate and level of self-discipline. This lesson describes 10 possible strategies for improving your ability to manage the events in your life in relation to time. **V#**

The Energy Bus (Book Study)-*The Energy Bus* takes readers on an enlightening and inspiring ride that reveals 10 secrets for approaching life and work with the kind of positive, forward thinking that leads to true accomplishment - at work and at home. **O#**

Using NDU's Dues Credit Trust as a budget and savings tool (Training)-The program will include an overview of how the program can be tailored to your personal budget, how the funds are invested and how your investment can help you pay your state and national dues. **V#**

Using NEA and AFT Benefits to Your Advantage (Training)-Both national affiliates have a wide range of products and services designed for NDU members. These range from credit cards to auto purchasing and Home and Renters Insurance to Pizza. Learn how to use your device to search for ways to stretch your paycheck. **V#**

Wherever You Go, There You Are (Book Study)-Warmth, humor, anecdotes, and poems make up this inspirational guide to a revolutionary new way of being, seeing, and living. Learn how to capture the present, to live fully in the moment and reduce anxiety, achieve inner peace, and enrich the quality of life. **O#**

Classroom Management & Strategies

FEATURED TRAININGS

- **Building Bridges** (Training)-There are sometimes tensions between classroom teachers, specialists and paraeducators. Many of these problems come from not understanding each other's roles and how we can best work together for the benefit of students. This class will offer some insight into building a more collaborative education team through respect, communication, making an education team plan and sharing information. **V***
- **Classroom Practice (InTASC)** (Micro-Credential)-4 Stacks, 18 Micro-Credentials: This stack is aligned with the InTASC Core Teaching Standards and designed to support ongoing teacher effectiveness to ensure students reach college and career ready standards. The micro-credentials in this stack fall under these four categories: The Learner and Learning, Content Knowledge, Instructional Practice and Professional Responsibility. **V***

Arts Integration (Micro-Credential)-8 Micro-Credentials: This stack of micro-credentials is designed to support all educators who wish to integrate the arts into classroom instruction. By earning these micro-credentials educators will develop skills to support true art integration and apply these strategies into their own classroom context. **V***

Assessment Literacy (Micro-Credential)-6 Micro-Credentials: Quality classroom assessment practices renews a focus on day-to-day, minute-by-minute learning that improves student outcomes. Through formative assessment practices, students know where they are in their learning, where they need to go, and how to get there. **V***

Classroom Management (Micro-Credential)-6 Micro-Credentials: This stack is designed to help classroom educators develop skills to successfully build a community of learners. You will have an opportunity to explore classroom organization and routines, as well as discover new ways to support students who have behavioral challenges due to trauma or other circumstances. **V***

I Can Do It (Training)- "I Can Do It," is a classroom management program for new teachers (0-5 years). Depending upon the school, a new teacher may confront an overcrowded classroom, no mentor, and little time to meet with peers or plan courses. "I Can Do It" provides new teachers with strategies to help alleviate some stress associated with these issues. **P***

English Language Learners (Micro-Credential)-8 Micro-Credentials: This stack is designed to help educators understand the complexities of teaching students who are learning English as a second language, help you understand language acquisition theories and then applying this knowledge to design effective assessment and instruction to support student's learning English. **V***

Exceptional Learner (Micro-Credential)-6 Micro-Credentials: This stack is meant to help all educators support exceptional students in their classroom. The focus of this stack is collaboration with stakeholders, understanding federal policies and providing support to students with exceptional needs. **V***

Mindful You Mindful Me Classroom (Training)-This course is a continuation of the skills acquired through Mindful You, Mindful Me Part 1 into the creation of a mindful classroom. Self-care is an essential part of the work of teachers and can contribute to a more positive school environment and better outcomes for students. **B***

ParaPower (Training)-This highly interactive workshop addresses behavior management strategies and positive intervention supports, roles and responsibilities, effective teacher/paraeducator teams, and advocacy and problem solving. Participants will walk away empowered to advocate for themselves and their students. **V***

Student Assessment Tools (Training)-This course goes through different assessment techniques that can be used in the classroom. The course includes an introduction to several technology-based assessment tools such as Kahoot, Quizizz and Answer Garden. **V***

Supporting LGBTQ Students (Micro-Credential)-6 Micro-Credentials: This stack is designed to help educators understand how to create a safe and inclusive classroom environment for LGBTQ students. You will also have the opportunity to learn about intersections of race, gender and sexual orientation and use this knowledge to create a positive classroom community of learners. **V***

Technology for Instructional Coaches (Micro-Credential)-9 Micro-Credentials: Instructional Coaching is linked to successful classroom practice. This stack will help coaches hone their skills for working online in both synchronous and asynchronous online environments. This stack is tool agnostic and focuses on skills rather than technology. **V***

The Whole Child (Training)-Do members of your community understand the essential role that Education Support Professionals (ESP) play in education and in student success? They keep students healthy, safe, engaged, supported and challenged, ensuring their success for college, career and citizenship. **V***

Professional Growth Courses

FEATURED COURSES

- **Elevating the Profession** (Training)-This course challenges the status quo, personal beliefs, and cultural norms in order to develop a non-biased approach to ethical decision-making so that Educators can take control of their profession. This course reviews ethics as defined by the ND Educational Standards and Practices Board. Participants examine various ethical situations along with actual cases that the Board has addressed. Topics include technology do's and don'ts; relationships with students, parents, and colleagues; and the dichotomy of a school employee's life. **B***
- **Para-Sharp** (Training)-This series is intended for ParaEducators looking to increase their effectiveness in the classroom and is available for anyone wanting to know more about special education resources and situations. **O***

Cooperating Teacher (Micro-Credential)-7 Micro-Credentials: This stack is designed to help cooperating teachers develop the necessary skills to successfully support student teachers or early career educators. **V***

Dignity and Diversity in the Workplace (Training)-America is a country of diverse people, ethnic groups and cultures, with the great motto "E Pluribus Unum"—out of many, one. One challenge in a culture of diversity, however, is the attitude of "us versus them," which can foster discrimination, segregation and other behaviors that devalue the richness and dignity of our differences. In this workshop, we'll examine the dignity of our diversity. **V#**

Education Support Professionals: Professional Growth Continuum (Micro-Credential)-8 Micro-Credentials: This stack provides states, local education agencies, and individuals the ability to choose different routes that meet the specific needs and interests of their school community. The full benefit of the time and skills of ESP can be realized for the students and educators with whom they serve. **V***

ESP Professional Growth Continuum (Training)-This groundbreaking, historic endeavor provides clear pathways of professional growth through professional development and other learning opportunities. The PGC framework is built on a set of universal anchor standards that apply to all nine ESP career families. **V***

Jump Start (Training)-The founding mission of the National Board is to advance the quality of teaching and learning. This session will go over what National Board is, how you can achieve NBCT status, and what support systems are in place to assist you. **P***

National Board Five Core Propositions (Micro-Credential)-5 Micro-Credentials: Educators who would like to learn more about the National Board or get ready to apply for a National Board Certification would benefit from these Micro-credentials. **V***

Now What? Confronting and Resolving Ethical Questions: A Handbook for Teachers (Book Study)-

Teachers deal with ethical issues on a regular basis, from confidentiality regarding student information to discipline to communication. As moral exemplars, educators need guidance for handling such challenges. Featuring richly detailed, real-life case studies, this volume outlines the intricate relationship between ethical propriety and school success. **O***

Social Media Ethics (Training)-This training dives deeper into the issue of social media ethics and what it means for educators. Participants will be given scenarios relevant to their profession and will discover how to handle situations ethically. **P#**

True Colors (Training)-This foundational, interactive seminar introduces participants to the powerful True Colors concepts. Participants will determine their True Colors personality spectrum, including their dominant decision-making and leadership styles, and learn to recognize the True Colors of others. **P#**

Walk the Line (Training)-This course is an excerpt of the full, Elevating the Profession course, and goes into more detail on the role of boundaries in education. Participants will look at the slippery slope and analyze personal and global scenarios where educators may have "crossed the line" and determine how it could have been avoided. **P***

What is NBCT? (Training)-An informational meeting on National Board Certification. Participants learn what NBCT is, what costs are involved, incentives for getting your NBCT, support available for candidates, and hear from current teachers who are certified through the National Board. **P***

What is Social Justice and Why Should I Care? (Training)-Social justice refers to a concept in which equity or justice is achieved in every aspect of society rather than in only some aspects or for some people. A world organized around social justice principles affords individuals and groups fair treatment as well as an impartial share or distribution of the advantages and disadvantages within a society. This session will evaluate what social justice is. **V#**

Leadership Courses

FEATURED COURSES

- **The Power of Positive Leadership** (Book Study)-Jon Gordon shares what he has learned and provides a comprehensive framework on positive leadership filled with proven principles, compelling stories, practical ideas and practices that will help anyone become a positive leader. **O#**
- **The Power of a Positive Team** (Book Study)-Jon Gordon draws upon his unique team building experience as well as conversations with some of the greatest teams in history in order to provide an essential framework, filled with proven practices, to empower teams to work together more effectively and achieve superior results. **O#**

Collaborative Leadership (Book Study)-What type of leadership do you practice? Peter DeWitt unpacks six factors framed through John Hattie's research while painting a powerful scheme: meet stakeholders where they are, motivate stakeholders to strive for improvement, model how to do it. **O#**

Every Student Succeeds Act (ESSA) (Micro-Credential)-5 Micro-Credentials: This stack is designed to help educators and leaders who wish to be more involved in fostering equity in education. You will learn how to build stake holder teams that can work together to leverage ESSA for school improvement. You will learn how to advocate for non-academic indicators. **V***

Leading Schools in Disruptive Times (Book Study)-From social media to evolving safety issues to constant school reform, today's school leaders face unprecedented disruption. With an eye on the past and a vision for the future, Carter and White draw the blueprint for adapting schools to ever-changing times. **O***

Leadership in Organizing (Micro-Credential)-6 Micro-Credentials: This stack was developed to support educators who are interested in developing leadership skills need to support their local association. **V#**

Teacher Leadership: Association Pathway (Micro-Credential)-5 Micro-Credentials: This stack is based on the Teacher Leadership Competencies that were developed. The Association Pathway micro-credentials focus on skills needed to be engaged in association leadership. **V#**

Teacher Leadership: Diversity, Equity, and Cultural Competence Pathway (Micro-Credential)-3 Micro-Credentials: This stack is based on the Teacher Leadership Competencies that were developed. The Overarching and the Diversity, Equity and Cultural competence micro-credentials focus on competencies that all teacher leaders need to have. **V#**

Teacher Leadership: Instructional Pathway (Micro-Credential)-3 Micro-Credentials: This stack is based on the Teacher Leadership Competencies that were developed. The Instructional pathways focus on teacher leadership for classroom practice. **V#**

Teacher Leadership: Overarching Competencies (Micro-Credential)-8 Micro-Credentials: This stack is based on the Teacher Leadership Competencies that were developed. **V#**

Teacher Leadership: Policy Pathway (Micro-Credential)-4 Micro-Credentials: This stack is based on the Teacher Leadership Competencies that were developed. The Policy Pathway micro-credentials focus on skills needed to advocate for education equity and funding at the local state and federal levels. **V#**

The Three Levels of Leadership (Book Study)-To demystify leadership, shatter old unhelpful ideas and clarify the leader's purpose, this book promotes the reality of shared leadership, but affirms there is one responsibility that belongs uniquely to the leader. Its second aim is to introduce *The Three Levels of Leadership* model. **O#**

Innovative Schools Courses

FEATURED COURSES

- **The Innovator's Mindset** (Book Study)-George Couros encourages teachers and administrators to empower their learners to wonder, to explore--and to become forward-thinking leaders. If we want innovative students, we need innovative educators. **O***
- **What Schools Could Be** (Book Study)-The purpose of this learning event is to provide educators the opportunity to learn how to make small changes in their school setting which can make a big difference. **O***

Community Schools Improvement Science (Micro-Credential)-8 Micro-Credentials: The 8-part Community Schools Improvement Science stack is designed to give participants, typically Community School Coordinators, the strongest skills available to implement a best practice version of the Community School strategy at any school. **V***

Creative Schools (Book Study)-Robinson argues for an end to our outmoded industrial educational system and proposes a highly personalized, organic approach that draws on today's unprecedented technological and professional resources to engage all students, develop their love of learning, and enable them to face the real challenges of the twenty-first century. **O***

Dream Team: A Practical Playbook to Help Innovative Educators Change Schools (Book Study)-Innovative educators come in all forms, and they require lots of options. Here, you'll find a collection of practical ideas and tools designed to fuel transformational leadership without sacrificing instructional excellence or anyone's sanity. **O***

Minding the Future (Book Study)-Centered on teacher voice and grounded in foundations of collaboration and data-informed planning, Transform Academy comes to life through its stories, while the accompanied action steps help you implement the process along with strategies to inspire personalized instruction and redesign learning environments. **O***

Technology Integration (Micro-Credential)-7 Micro-Credentials: This stack of Micro-credentials is based off the new ISTE Standards for Educators. These micro-credentials focus on critical thinking and knowledge students need to thrive in a global and digital world. **V***

The Wild Card (Book Study)-If you are a high school teacher or a kindergarten teacher, the seven steps in The Wild Card will give you the knowledge and the confidence to bring creative teaching strategies into your classroom. **O***

General Topics

FEATURED COURSES

- **Boys Adrift** (Book Study)-Dr. Leonard Sax delves into the scientific literature and draws on more than twenty years of clinical experience to explain why boys and young men are failing in school and disengaged at home. He presents practical solutions, sharing strategies which educators have found effective in re-engaging these boys at school, as well as handy tips for parents about everything from homework, to videogames, to medication. **O#**
- **Girls on the Edge** (Book Study)-Young women are at risk today. Leonard Sax provides parents with tools to help girls become confident women, along with practical tips on helping your daughter choose a sport, nurturing her spirit through female-centered activities, and more. **O#**

Anti-Privatization: More than an Ounce of Prevention (Training)-The old saying is that an ounce of prevention equals a pound of cure. Privatization is a much less difficult struggle if we are proactive. This workshop teaches participants about building the relationships and the capacity of your association to prevent privatization. **V#**

Collective Efficacy (Book Study)-*Collective Efficacy* provides educators the opportunity to delve into their beliefs on student learning and how those beliefs effect student learning. **O#**

Engage the Brain: How to Design for Learning That Taps into the Power of Emotion (Book Study)-*Engage the Brain* is a practical, informative guide for understanding how to capture the brain's incredible power and achieve better results at all grade levels, in all content areas. **O***

Engaging Children (Book Study)-We all want our students to be engaged learners, but we often struggle with getting them excited about and responsible for their own learning. Differentiating between compliance, participation, motivation, and engagement, Ellin Oliver Keene shows how to develop and recognize true student engagement in your classroom and help students take more responsibility for their learning. **O***

Grant Writing for Educators (Training)-This training looks at the types of grants that are available to educators as well as the basics of writing a grant. **V***

High Expectations Teaching (Book Study)-The purpose of this learning is to look at our intellectual belief systems regarding our students and shift those beliefs to reflect an attitude that every child can be taught to learn for higher achievement and how to achieve those results. **O***

It Happens in the Hallway (Book Study)-*It Happens in The Hallway* is an extension of conversations about how being a teacher is going. **O#**

Lab Class: Professional Learning Through Collaborative Inquiry and Student Observation (Book Study)- Meaningful growth comes when teachers get to roll up their sleeves and study what's really going on in classrooms. The Lab Class model helps teachers collaboratively plan, investigate, and develop solutions to a specific problem of practice by observing a host teacher's classroom through the eyes of students. **O***

Making Connections with Millennials (Training)-This session will cover how we communicate with Millennials and how we can get them involved in our schools, communities and organization. **P#**

A Mindset for Learning (Book Study)-A *Mindset for Learning* shows us how to lead students to a growth mindset for school-and life-by focusing on five crucial, research-driven attitudes: optimism-putting aside fear and resistance to learn something new; persistence-keeping at it, even when a task is hard; flexibility-trying different ways to find a solution; resilience-bouncing back from setbacks and learning from failure; empathy-learning by putting oneself in another person's shoes. **O***

No Drama Discipline (Book Study)-The purpose of this book study is to provide educators new knowledge and philosophies on classroom management. The content of the book includes a child's state of mind, how it connects and evolves through communication, and how receptivity can be used for a no-drama discipline approach. **O***

School Culture and Climate (Training)-This training looks at school morale, teacher-teacher relations and the effects on students and achievement. **P***

The Collapse of Parenting (Book Study)-Leonard Sax argues that rising levels of obesity, depression, and anxiety among young people can be traced to parents abdicating their authority. Sax shows how parents must reassert their authority-by limiting time with screens, by encouraging better habits at the dinner table, and by teaching humility and perspective-to help their children thrive in an increasingly complicated world. **O#**

Bargaining, Advocacy & Communication Courses

FEATURED COURSES

- **What's Your Why?** (Training)-The idea of “self” as an instrument of change is at the core of our work as organizers. Participants will engage in activities to build self-awareness and develop self-reflection to more effectively impact their organizing work. **V#**
- **Work Shouldn't Hurt** (Training)-This workshop looks specifically at staff assaults in schools from an individual, collective, and solution standpoint. Join us for an in-depth look at prevention, intervention, protection and resolutions around workplace assaults. **V#**

Contract and Negotiated Agreements (Training)-This session reviews the elements of a negotiated agreement, salary schedules, benefits and looks at a comparison of the same. This training is targeted at local bargaining teams. **P***

Fiscal Responsibility of All Local Officer (Training)-This one-and-a-half-hour workshop builds on the local treasurer's training to include the role of all officers, executive committee members and building reps. As with the local treasurers training, it can be customized to meet the needs of different sized locals. **P#**

How Not to Get Fired (Training)-This session reviews member rights and responsibilities, the current Code of Ethics for Educators, and State and Federal laws in education. **V***

Local Association Treasurer Training (Training)-A one-hour workshop on the do's and don'ts for the non-accountant serving as the local treasurer. This includes how membership is reported, tax requirements, fiduciary insurance, budget development, record keeping and reports. The topics will be customized for the size of the local. **P#**

Member Benefits as an Organizational Tool (Training)-The value of NEA Member Benefits is a powerful tool to assist in your local organizing efforts. The Member Benefits as an Organizing Tool presentation is designed to assist you in communicating this value to your members. **P#**

Organizing Training (Training)-This training is offered in several formats ranging from 2 hours to full day trainings. This training will focus on planning an organizing drive, data collection and holding quality conversations with both members and potential members. **V#**

Your At-Risk and Lay-off Rights (Training)-This training will explain what your rights are if your agency informs you that you are going to be laid-off or that you are at-risk of being laid-off. Each local has slightly different language so you may have different options depending on what contract you are covered by. **P***

FREQUENTLY ASKED QUESTIONS (FAQS)

HOW DO I REGISTER? Go to NDUnited.org. From there, click on *For Members* and then *Professional Development* to see a full list of upcoming courses. Individual courses open for enrollment can also be found under the Events tab.

HOW ARE PAYMENTS PROCESSED? Through PayPal during the registration process. Click on the **Pay now with PayPal** button to make your payment. Payments can also be made by check and sent to NDU Attn: Patty Barrette 301 N. 4th St. Bismarck, ND 58501.

WHAT IS INCLUDED IN MY PAYMENT? Course fees are included, most materials, and access to trainers. Book study books are the responsibility of the registrant. ***Credit costs will be paid directly to the University of North Dakota (UND) by the participant.***

WHAT IF I NEED TO CANCEL MY REGISTRATION? Contact Patty Barrette, Director of Professional Growth, at pd@ndunited.org. Failure to notify NDU prior to the course start, may lead to a cancelation fee.

WHO LEADS THE TRAININGS? North Dakota United uses highly qualified trainers. For most of the courses, the trainers are members just like you. If you are interested in becoming a trainer contact Patty Barrette, Director of Professional Growth at pd@ndunited.org.

WILL CREDITS COUNT TOWARD MY LICENSE OR MOVEMENT ON MY DISTRICT SCALE? All credits are through the University of North Dakota. It is the registrant's responsibility to make sure the credits will be accepted by their district. ESPB accepts UND credits for license renewal.

I AM NOT A MEMBER OF NORTH DAKOTA UNITED; CAN I STILL TAKE A COURSE? Yes. Non-members are eligible to take courses at a higher cost. To join NDU go to ndunited.org and click on Join ND United or ask your trainer. Once membership is confirmed you are eligible for the member discount pricing.

Course Costs

FOR CURRENT COURSE COSTS

- All active courses have prices listed on our website www.ndunited.org.

FOR PERSONALIZED COURSES AND/OR COURSES NOT CURRENTLY RUNNING

- Please contact Patty Barrette pd@ndunited.org or 701-223-0450 for pricing, including Member/Non-Member pricing, Group Rates.