

**SPRING 2019
PROFESSIONAL
DEVELOPMENT
COURSE
CATALOG**



NDUNITED.ORG

ONLINE BOOK STUDIES

Member cost: \$65 (no credit) or \$100 (1 credit);

Student Member cost: \$0 (no credit)

Non-member cost: \$125 (no credit) or \$250 (1 credit)

Available for 1 graduate credit through the University of North Dakota

COURSE START DATES:

- January 7: "Help for Billy: A Beyond Consequences Approach to Helping Challenging Children in the Classroom" by Heather T. Forbes
- January 14: "Organize Tomorrow Today: 8 Ways to Retrain Your Mind to Optimize Performance at Work and Life" by Jason Self and Tom Bartow
- January 21: "A Mindset for Learning: Teaching the Traits of Joyful, Independent Growth" by Kristine Mraz and Christine Hertz
- February 11: "Building Resilience in Students Impacted by Adverse Childhood Experiences: A Whole-Staff Approach" by Victoria Romero
- February 18: "Wherever You Go, There You Are: Mindfulness Meditation in Everyday Life" by Jon Kabat-Zinn
- February 25: "Engaging Children: Igniting a Drive for Deeper Learning" by Ellin Oliver Keene
- March 11: "Fostering Resilient Learners: Strategies for Creating a Trauma-Sensitive Classroom" by Kristin Souers and Pete Hall
- March 18: "Happier: Learn the Secrets to Daily Joy and Lasting Fulfillment" by Tal Ben-Shahar
- March 25: "Now What? Confronting and Resolving Ethical Questions: A Handbook for Teachers" by Sarah Mackenzie and G. Calvin Mackenzie
- April 15: "Beyond Consequences, Logic and Control: A Love-Based Approach to Helping Attachment-Challenged Children with Severe Behaviors" by Heather Forbes and B. Bryan Post
- April 22: "Falling Awake: How to Practice Mindfulness in Everyday Life" by Jon Kabat-Zinn
- April 29: "Creative Schools: The Grassroots Revolution That's Transforming Education" by Ken Robinson, Ph.D.
- May 15: "Lost at School: Why Our Kids with Behavioral Challenges are Falling Through the Cracks and How We Can Help Them" by Ross Greene, Ph.D.
- May 20: "Deliberate Optimism: Reclaiming the Joy in Education" by Debbie Thompson Silver, Jack Berckemeyer, and Judith Baenen

REGISTER TODAY AT [NDUNITED.ORG](https://ndunited.org)

MINDFUL YOU, MINDFUL ME PART 2

This course is a continuation of the skills acquired through Mindful You, Mindful Me Part 1 into the creation of a mindful classroom. Self-care is an essential part of the work of teachers and can contribute to a more positive school environment and better outcomes for students. This is a blended learning course using in-person sessions, online work, and a book study.

Member cost: \$65 (no credit) or \$100 (1 credit)

Student Member cost: \$0 (no credit)

Non-member cost: \$125 (no credit) or \$250 (1 credit)

Available for 1 graduate credit through the University of North Dakota

COURSE DATES:

- Bismarck/Mandan: January 30 & March 13
- Dickinson: January 19
- Fargo: January 26
- Grand Forks: February 9
- Minot: February 7 & April 4 or March 30
- Williston: March 2



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EDUCATOR ETHICS

This course reviews ethics as defined by the North Dakota Educational Standards and Practices Board. Participants examine various ethical situations along with actual cases that the Board has addressed, including: technology do's and don'ts; contracts and resignations; relationships with students, parents, and colleagues, and; the dichotomy of a school employee's life. It includes decision-making methodologies and is a highly interactive course.

Member cost: \$65 (no credit), \$100 (1 credit), or \$200 (2 credits)

Student Member cost: \$0 (no credit)

Non-member cost: \$125 (no credit), \$250 (1 credit), or \$500 (2 credits)

Available for 1 or 2 graduate credits through the University of North Dakota

COURSE DATES:

- Bismarck: March 15-16
- Bottineau: April 5-6
- Bowman: March 8-9
- Carrington: March 29-30
- Cavalier: April 26-27
- Devils Lake: January 18-19
- Dickinson: April 26-27
- Fargo: April 12-13
- Grand Forks: May 10-11
- Jamestown: February 8-9
- Kenmare: April 26-27
- Killdeer: April 5-6
- Mayville: February 15-16
- Rugby: March 8-9
- Stanley/Tioga: May 3-4
- Underwood: February 15-16
- Williston: March 1-2



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NEA MICRO-CREDENTIALS

Micro-credentials offer on-demand personalized learning experiences for educators. The learning happens anywhere, anytime. NEA now offers over 100 micro-credentials for educators, created by educators, and reviewed by educators. By offering an entire ecosystem of over 100 micro-credentials, empowered educators are given an opportunity to learn and be recognized for skills and knowledge targeted to support successful students.

Member cost: \$75 (1 credit)

Non-member cost: \$250 (1 credit)

Available for 1 graduate credit through the University of North Dakota

Current NEA Micro-Credential stacks include:

- Bully and Sexual Harassment Prevention
- I Can Do It - Classroom Management
- ESSA - Opportunity and Voice
- Working with English Language Learners
- Cooperating Teacher
- Early Career Educator (InTASC)
- Creating Safe School Spaces for LGBTQ Students
- National Board Five Core Propositions
- Teacher Leadership Institute Pathway Competencies



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WHO WE ARE

North Dakota United (NDU) is an organization created by the merger of the North Dakota Education Association (NDEA) and the North Dakota Public Employees Association (NDPEA) in 2013. All of the members of our union work together to provide public education and public services to every citizen of North Dakota. Our membership includes: K-12 teachers; education support professionals; higher education faculty and staff; state, county, and municipal employees; students, and; retired workers. The tie that binds our 11,500 members together is a shared commitment to the improvement of the economic and professional well-being of public workers, as well as a dedication to public service and to the improvement of the lives of the North Dakota citizens we serve.

FREQUENTLY ASKED QUESTIONS (FAQS):

HOW DO I REGISTER? Go to NDUnited.org. From there, click on For Members and then Professional Development to see a full list of upcoming courses. Each individual course currently open for enrollment can also be found under Events.

HOW ARE PAYMENTS PROCESSED? Through PayPal during the registration process. Click on the cart to make your payment. Payments can also be made by check and sent to NDU Attn: Patty Barrette at the address below.

WHAT IS INCLUDED IN MY PAYMENT? All course fees are included such as credit, most materials, and access to trainers. Book study books are the responsibility of the registrant.

WHAT IF I NEED TO CANCEL MY REGISTRATION? Contact Patty Barrette, Director of Professional Growth, at pd@ndunited.org.

WHO LEADS THE TRAININGS? North Dakota United uses highly qualified trainers. For most of the courses, the trainers are members just like you. If you are interested in becoming a trainer contact Patty Barrette, Director of Professional Growth, at pd@ndunited.org.

WILL CREDITS COUNT TOWARD MY LICENSE OR MOVEMENT ON MY DISTRICT SCALE? All credits are through the University of North Dakota. It is the registrant's responsibility to make sure they will be accepted by their district. ESPB accepts UND credits for license renewal.

I AM NOT A MEMBER OF NORTH DAKOTA UNITED, CAN I STILL TAKE A COURSE? Yes. Non-members are eligible to take courses at a higher cost. To join NDU go to ndunited.org and click on Join ND United or ask your trainer. Once membership is confirmed you are eligible for the member discount pricing.



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