

## Who We Are

North Dakota United (NDU) is an organization created by the merger of the North Dakota Education Association (NDEA) and the North Dakota Public Employees Association (NDPEA). The Representative Assemblies of both organizations voted overwhelmingly in February 2013 for the merger.

All of the members of our union work together to provide public education and public services to every citizen of North Dakota. Our membership includes K-12 teachers, education support professionals, higher education faculty and staff, state, county and municipal employees, as well as students and retired workers. The tie that binds our 11,000 members together is a shared commitment to the improvement of the economic and professional well-being of public workers, as well as a dedication to public service and to the improvement of the lives of the North Dakota citizens we serve.

## Frequently Asked Questions (FAQs):

### How do I register?

Go to [NDUnited.org](http://NDUnited.org). From there, click on For Members and then Professional Development to see a full list of upcoming courses. Each individual course currently open for enrollment can also be found under Events.

### How are payments processed?

Through PayPal during the registration process. Click on the cart to make your payment. Payments can also be made by check and sent to NDU attention Patty Barrette at the address listed below.

### What is included in my payment?

All course fees are included such as credit, most materials, and access to trainers. Book study books are the responsibility of the participant and can be ordered in whichever format the participant prefers.

### What if I need to cancel my registration?

Contact Patty Barrette, Director of Professional Growth at [pd@ndunited.org](mailto:pd@ndunited.org)

### Who leads the trainings?

North Dakota United uses highly qualified trainers. For most of our courses, the trainers are members just like you. If you are interested in being a trainer, talk to any trainer or contact Patty Barrette, Director of Professional Growth at [pd@ndunited.org](mailto:pd@ndunited.org).

### Will credits count towards my license or movement on my district scale?

All credits are through the University of North Dakota but be sure to check with your district to be sure that they will be accepted. ESPB accepts UND credits for license renewal.

### I am not a member of North Dakota United, can I still take a course?

Yes. Non-members are eligible to take courses through NDU at a higher cost. To join NDU, go to [ndunited.org](http://ndunited.org) and click on Join ND United or ask your trainer. Once membership is confirmed, you are eligible for the member discount pricing.



301 N 4th Street Bismarck ND 58501

[ndunited.org](http://ndunited.org)

701-223-0450

# Fall 2018

# Professional Development Course Catalog



[NDUnited.org](http://NDUnited.org)

## Mindful You, Mindful Me Part 1:

This course focuses on self-care as an essential part of the work of teachers and school support staff. The Mindfulness training includes tools to reduce stress, frustration, and burnout by combining movement, breath work, mindful awareness, and deep relaxation techniques. This is a blended learning course using in-person sessions, online work, and a book study.

Member cost: \$65 (no credit) or \$100 (1 credit);

Non-member cost: \$125 (no credit) or \$250 (1 credit);

Student Member cost: \$0 (no credit)

Available for 1 graduate credit through the University of North Dakota

Course dates:

Bismarck: September 12-October 24

Dickinson: September 29

Fargo: November 17

Grand Forks: September 15

Minot: October 27

Williston: October 13

## Educator Ethics:

This course reviews ethics as defined by the ND Educational Standards and Practices Board. Participants examine various ethical situations along with actual cases that the Board has addressed including: technology do's and don'ts; contracts and resignations; relationships with students, parents, and colleagues, and; the dichotomy of a school employee's life. It includes decision-making methodologies and is a highly interactive course.

Member cost: \$65 (no credit), \$100 (1 credit), or \$200 (2 credits);

Non-member cost: \$125 (no credit), \$250 (1 credit), or \$500 (2 credits);

Student Member cost: \$0 (no credit)

Available for 1 or 2 graduate credits through the University of North Dakota

Course dates:

Bismarck/Mandan: June 11-12 or November 30-December 1

Dickinson: October 26-27

Fargo: June 19-20 or December 7-8

Grand Forks: October 5-6

Hazen: September 21-22

Minot: October 5-6

Wahpeton: October 26-27

Williston: September 28-29

## Online Book Studies:

Member cost: \$65 (no credit) or \$100 (1 credit);

Non-member cost: \$125 (no credit) or \$250 (1 credit);

Student Member cost: \$0 (no credit)

Available for 1 graduate credit through the University of North Dakota

Course dates:

- June 15-July 15: What Schools Could Be: Insights and Inspiration from Teachers Across America by Ted Dintersmith
- July 15-August 15 – No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind by Daniel J. Siegel and Tina Payne Bryson
- August 15 – September 15 – Practicing Presence: Simple Self-Care Strategies for Teachers by Lisa J. Lucas
- September 15 – October 15 – The Boy Who Was Raised as a Dog: And Other Stories from a Child Psychiatrist's Notebook—What Traumatized Children Can Teach Us about Loss, Love, and Healing by Bruce D. Perry and Maia Szalavitz
- October 15 – November 15 – Leading Schools in Disruptive Times: How to Survive Hyper-Change by Dwight L. Carter and Mike E. White
- November 15 – December 15 – Collective Efficacy: How Educators' Beliefs Impact Student Learning by Jenni Donohoo

## NEA Micro-Credentials:

NEA now offers over 100 micro-credentials for educators, created by educators, and reviewed by educators. Micro-credentials offer on-demand personalized learning experiences for educators. The learning happens anywhere, anytime. By offering an entire ecosystem of over 100 micro-credentials, empowered educators are given an opportunity to learn and be recognized for skills and knowledge targeted to support successful students.

Current NEA Micro-Credential stacks include:

- Bully and Sexual Harassment Prevention
- I Can Do it-Classroom Management
- ESSA-Opportunity and Voice
- Working with English Language Learners
- Cooperating Teacher
- Early Career Educator (InTASC)
- Creating Safe School Spaces for LGBTQ Students
- National Board Five Core Propositions
- Teacher Leadership Institute Pathway Competencies

Member cost: \$75 (1 credit)

Non-member cost: \$250 (1 credit)

Available for 1 graduate credit through the University of North Dakota

Available beginning June 1, 2018

Follow and like ND United  
on social media!



Register TODAY at [NDUnited.org](http://NDUnited.org)