



The 2018 Professional Growth Institute
"Working 4 North Dakota"
June 4-6, 2018
CanadInn, Grand Forks

Monday 06/04/18

- 4:00-6:00 p.m. Registration
- 6:00-6:30 p.m. Welcome: Nick Archuleta - NDU President - and Institute Information
- 6:30-8:00 p.m. Keynote 1: Mindfulness Part 1-Self care - Heidi DeMars
- 8:00-10:00 p.m. Social

Tuesday 06/05/18

- 7:00-8:00 a.m. Breakfast
- 8:00-8:15 a.m. Welcome 2: Karen Christensen - NDU PD Committee Chair
- 8:15-10:00 a.m. Keynote 2: Trauma Presentation and Brain Architecture Game
- 10:00-10:15 a.m. Break
- 10:15-11:45 a.m. Break-out Session 1
1. Mindfulness Part 2
 2. Defining Trauma
 3. Stress Management
 4. Early Financial Planning
 5. Walk the Line
- 11:45-12:45 p.m. Lunch
- 12:45-2:15 p.m. Break-out Session 2
1. Mindfulness Part 2
 2. Defining Trauma
 3. Stress Management
 4. Retirement Planning
 5. Walk the Line
- 2:15-2:30 p.m. Break
- 2:30-4:00 p.m. Break-out Session 3
1. Innovative Ed Panel
 2. Resilience
 3. Time Management
 4. AFT Debt Clinic
 5. Leadership
- 4:00-4:15 p.m. Break
- 4:15-5:15 p.m. Break-out Session 4
1. Innovative Ed Panel
 2. Resilience
 3. Time Management
 4. AFT Debt Clinic
 5. Leadership

5:15-7:00 p.m. Dinner on your own
7:00-10:00 p.m. Optional Activity

Wednesday 06/06/18

7:15-8:15 a.m. Breakfast

8:15-8:45 a.m. Welcome

8:45-9:00 a.m. Break

9:00-10:10:30 a.m. Break-out Session 5

1. Social Media Ethics
2. AFT Debt Clinic
3. Student Mental Health
4. Building Bridges
5. Tech Disruption

10:30-10:45 a.m. Break

10:45-12:15 p.m. Break-out Session 6

1. Social Media Ethics
2. AFT Debt Clinic
3. Student Mental Health
4. Building Bridges
5. Tech Disruption

12:15-12:45 p.m. Lunch

12:24-1:30 p.m. Keynote 3 - ND TOY Leah Juelke

1:30-2:00 p.m. Wrap-up

2:00p.m. Institute Completed!

*Vendor, Legislative, and Comms. visits allowed during all break-out sessions

If you liked the topics presented here, be sure to check out our upcoming online book studies!

Member cost: \$65 (no credit) or \$100 (1 credit)

Non-member cost: \$125 (no credit) or \$250 (1 credit)

Student Member cost: \$0 (no credit)

Available for 1 graduate credit through the University of North Dakota

Course dates:

- June 15th-July 15th - What Schools Could Be: Insights and Inspiration from Teachers Across America by Ted Dintersmith
- July 15th-August 15th – No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child’s Developing Mind by Daniel J. Siegel and Tina Payne Bryson
- August 15th–September 15th – Practicing Presence: Simple Self-Care Strategies for Teachers by Lisa J. Lucas
- September 15th–October 15th – The Boy Who Was Raised as a Dog: And Other Stories from a Child Psychiatrist’s Notebook—What Traumatized Children Can Teach Us about Loss, Love, and Healing by Bruce D. Perry and Maia Szalavitz
- October 15th–November 15th – Leading Schools in Disruptive Times: How to Survive Hyper-Change by Dwight L. Carter and Mike E. White
- November 15th–December 15th – Collective Efficacy: How Educators’ Beliefs Impact Student Learning by Jenni Donohoo